

### ACTIVITIES

- March 1**
- Celebration of *Dr. Seuss' Birthday*
- March 8**
- Dr. Seuss "*Art in the Park*" Day – Children will create a "*Truffula Trees*" using craft and recycled materials during outside time
  - 3:00pm – *Parent Committee Meeting & Nutrition Training* – KIDCO VI
  - 3:30pm – *Preventive Medical/Dental Training* – KIDCO VII
- March 11**
- 3:30pm – *Nutrition Training* – KIDCO II
- March 12**
- 3:00pm – *Parent Committee Meeting & Nutrition Training* – KIDCO VII
  - 3:30PM – *Parent Committee Meeting & Preventive Medical/Dental Training* – KIDCO II
- March 13**
- "*Cat in the Hat*" Literacy Day  
Children will create a "*Cat in the Hat*" rhyming floor puzzle for the classroom
  - 3:30pm – *Nutrition Training* – KIDCO V
- March 14**
- 3:00pm – *Parent Committee Meeting & Preventive Medical/Dental Training* – KIDCO IV & KIDCO V
- March 15**
- Dr. Seuss "*Art in the Park*" Day – Children will mix blue and yellow to create green. Using craft and recycled materials, children will create "green eggs and ham" for the dramatic play area
  - 3:30pm – *Preventive Medical/Dental Training* – KIDCO VI
- March 17**
- St. Patrick's Day – Green Bubble Rainbow Prints – Science Activity
- March 19**
- Spring Begins!**  
Johnny Appleseed – "*From Seed to Apple*" – Playground seed planting activity
  - 10:00 – 11:00am - Edison Library coming at KIDCO V
  - 10:00 – 11:00am Lua A. Curtis Branch Library – *Interactive Story Time* KIDCO II
  - 10:00 – 11:00am – Lemon City Branch Library – *Interactive Story time* – KIDCO VII
  - 3:00pm – *Nutrition Training* – KIDCO IV
  - "*Dad Read to Your Child*" - All day event, at all KIDCO sites
- March 20**
- Celebration of "*World Water Day*"  
Creation of the "*Our World is Thirsty*" Exhibit – Children will create a water conservation display for the science area
- March 21**
- 12:00pm – Policy Committee Meeting at KIDCO VII**
- March 22**
- Dr. Seuss "*Field Day*" Playground Activities – Green Eggs and Ham Relay Race and Cat in the Hat Pattern Hunt
- March 25 - 29**
- SPRING BREAK** for Head Start and Early Head Start children

**NOTE:**

Family First, in collaboration with KIDCO Creative Learning Inc, is providing free parenting group. This 12-week series will continue every Tuesday in March from 4:00 to 6:00 PM at KIDCO V, funded by The Children's Trust, enable parents to learn from University of Miami Parenting Specialists – For all KIDCO's Family.

### MARCH'S BIRTHDAYS

Lizett Varona	March 1
Christine Casamor	March 2
Vera Chancy	March 17
Martha Correa	March 17
José Miranda	March 18
María Vega	March 19
Rosa Casamor	March 21
Karina Abascal	March 26
Hetian Santos	March 30

### PARENTS' CORNER

#### Introducing Music Early



It is never too early to introduce your child to music.

Children exposed to music in their early years can develop recognition and preferences for that music in later years. Listening to any music also builds music related pathways to the brain that will improve as the child gets older. It is useful when parents make music special in their family life.

Parents should play different kinds of music for their children. Make sure the noise levels are moderate. Exposure to loud music can permanently damage young ears. And you should never place earphones on a baby or toddler. Dance with your child to your favorite CDs and let your face express the different emotions you feel with each tune. Your child will learn that music evokes feelings. Sing and encourage your child to sing along when he/she is able. This can help babies develop language skills. If you or anyone in the family plays a musical instrument, practice when the baby is nearby.

For more information on musical programs for young children, contact: Arts for Learning Miami at 305-576-1212.

### EVENTS

**Miami Children Museum** – 3<sup>rd</sup> Friday of each month

**Miami History Museum** – 2<sup>nd</sup> Saturday of each month

**FREE ADMISSION**

### NUTRITION

#### Glazed Ham with Dijon –Pineapple Sauce



Ingredients:

- 1 cup firmly packed dark brown sugar
- 1/2 cup maple-flavored or packed syrup
- 1/4 cup GREY POUAPON Dijon Mustard
- 1 whole fully cooked boneless ham (5 lb.)
- Whole cloves
- 12 maraschino cherries, halved
- 1 Tbsp. cornstarch
- 1 can (20oz.) crushed pineapple in juice, undrained

Directions:

- PREHEAT oven to 350F.
- Mix sugar, syrup and mustard until well blended; set aside.
- Score ham with sharp knife; insert cloves into ham as desired.
- Arrange cherries, cut sides down, on surface of ham.
- Place ham on rack in shallow baking pan.
- BAKE 2 hours or until ham reaches internal temperature of 140F when tested in center with meat thermometer, brushing occasionally with 1/2 mixture after 1-1/2 hours.
- MIX remaining syrup mixture with cornstarch and pineapple with its liquid in saucepan; cook on medium –high heat until mixture comes to boil and thickens, stirring constantly.
- Serve with the sliced ham.

By *Kraftfood.com*