



KIDCO Child Care
Miami, FL
February 2018

Days to Remember

February 2

- **Groundhog Day**
- Children will create "shadow blocks" in the block area with flashlights.
- "Find your Shadow" activity during the outside play time

February 7

- 10:00am - Miami Dade County Firetruck Presentation - KIDCO IV

February 10

- 3:00pm - Multicultural Diversity and Black History Training/Activity - KIDCO II

February 12-18

- **Health Week**
- Children will create a "life-size" model showing the circulatory and muscle systems.

February 13

- 3:00pm - Multicultural Diversity and Black History Training/Activity - KIDCO IV

February 14

- **San Valentine's Day - Red Day!** Show your love for color red!
- 10:00am - Miami Dade County Firetruck Presentation - KIDCO V
- 3:00pm - Multicultural Diversity and Black History Training/Activity - KIDCO VII

February 15

- 3:00pm - Multicultural Diversity and Black History Training/Activity - KIDCO V

February 19

- **President's Day - ALL CENTERS CLOSED**

February 20

- 3:00pm - Multicultural Diversity and Black History Training/Activity - KIDCO VI

February 21

- 10:00am - Miami Dade County Firetruck Presentation - KVII
- **1:00pm - Policy Committee Meeting - KIDCO V**

February 22

- 9:00am - Black History Celebration Parade - All Centers

February's Birthdays

Rosanna Mojica	February 1
Silvia La Villa	February 8
Kenia Reyes	February 20
Marisela Perez	February 21
Yanet de la Fuente	February 23
Ana Ivis Colina	February 25
Marietta Gutierrez	February 27

Parent's Corner

THINGS DADS CAN DO FOR THEIR CHILDREN

Almost every father wonders "How can I be a part of my child's life?" It's not difficult because whether your child is a toddler, preschooler or teenager, the smallest things can make the biggest differences.

1. **Give them a daily hug packaged with an "I love you."** From infancy to adolescence, every child needs to feel special and expressing these feelings to your child will give him or her boost of confidence they will take with them through life.
2. **Ask about and listen to their feelings with genuine interest.** Take time to talk with your children every day and show them that they truly matter to you.
3. **Enthusiastically attend their school, sports and are events.** Children will take so much more pride and attention to their achievements when they see that they mean so much to you.
4. **Model how to treat others, especially their mother.** Remember that you are the first and most formative role model for your children to learn how men and women treat one another.
5. **Make them feel like the best and most unique child in the world.** Children, who hear praise and appreciation from their earliest years, develop a positive sense of self that influences their future relationships with others and make them more likely to be successful.

Remember, you can have a starring role in your child's happiest memories. Your active presence in their lives can give them the confidence to overcome their challenges now and in the future.

Nutrition

"SPARKLING "FRIENDSHIP POTION"

Healthy Alternative to soda!

Ingredients:

- 1 Orange quartered and thinly sliced, seeds removed
- 1 Cup of strawberries thinly sliced
- 2 Cups cranberry-raspberry juice
- 2 Cups club soda

Directions:

- Place the fruits slice in a pitcher, and then pour in the juice and the soda.
- Serve 4 ounces to each child.

Community Events

Miami Children Museum - 3rd Friday of each month

Miami History Museum - 2nd Saturday of each month

FREE ADMISION